



TENNIS SWIM FITNESS

830 997 8433  
1449 Highway 87 North  
Fredericksburg TX

# Barons Creek Club moving families to fitness

## 2011 SUMMER SPORTS CAMPS CHOOSE YOUR SESSION-CHOOSE YOUR CAMP

Session 1 June 6-10
Session 2 June 13-17
Session 3 June 20-24
Session 4 June 27-July 1
Session 5 July 11-15
Session 6 July 18-22
Session 7 July 25-29



Age Groups
Super Tots 5-6
Hot Shots 7-8/9
Top Shots 9-12

### **MORNING SPORTS CAMP** (Ages 5-12) arrive @ 8:45 am-1:00 pm M-F \$85 members/\$100 non-members

Camp features instruction in tennis, swimming, fitness & games.

Super Tots- Tennis: eye-hand coordination & readiness drills  
Swimming: learn beginning strokes & breathing  
Fitness: games & exercises-& fun

Hot Shots- Tennis beginners will learn tennis basics  
Swimming: learn swimming strokes through games & drills based on abilities  
Fitness: will run the fitness trail, do stretching exercises & games

Top Shots- Tennis: advanced players will learn more advanced strokes, strategy, drills & games  
Swimming: Free swim time before tennis  
Fitness: will run the fitness trail, do stretching exercises & tennis agility drills

### **TOTAL TENNIS CAMPS**

Super Tots (5-6) arrive @ 8:45 am-9:55 am M-F \$40 members/\$55 non-members

Designed to teach that "tennis is fun". This USTA approved "Quick-Start" tennis class features beginning basic tennis strokes, lots of eye-hand coordination, drills, throwing balls and bean bags & imaginative tennis games using small nets, age appropriate balls and racquets.

Hot Shots (7-8/9) arrive @ 9:45 am-10:45 am M-F \$40 members/\$55 non-members

Designed to improve basic playing skills of beginner & intermediate players. The focus is on consistency & accuracy as well as basic mechanics. Fun games & drills designed to encourage young players to enjoy the game.

Top Shots (9-11) arrive @ 10:30 am-12:00 pm M-F \$60 members/\$80 non-members

This camp focuses on stroke production, rules of play & court positions. Also stressed are basic fundamentals, consistency & accuracy. More emphasis on match play.

\*You can bring a lunch or buy lunch at the snack bar \*The first 15 minutes of each class is check-in and warm-up

\*Add 1 hour recreational swim per day for an additional \$25 per week

\*\*More camps on page two-including our small group or private swimming lessons for children under age 6\*\*

## **JUNIOR MATCH PLAY SUMMER SESSION**

Ages 16 & under

Per session: \$12 members/\$50 non members

Session 1      Sundays June 5-26      1:00 pm-3:00 pm

Session 2      Sundays July 10-31      1:00 pm-3:00 pm

This includes a short clinic followed by Match Play for your tennis players to practice skills they have learned in camps & lessons.

## **WEDNESDAY EVENING TENNIS SESSIONS**

Grades 5<sup>th</sup>-9<sup>th</sup>

5:45 pm-7:15 pm

Per Session: \$60 members/\$75 non- members

Wednesdays: E1 June 8-29

E2 July 6-27

E3 Aug 3-24

With Ernest Delgado & Nicole Mechem

## **TOURNAMENT TRAINING ACADEMY & ELITE TENNIS TRAINING**

Refer to **COMPETITIVE SUMMER TENNIS CAMP FLYER**

## **LEARN TO SWIM CAMP**

Ages 5-9

11:00 am-12:00 pm M-F

Weekly

\$40 members/\$55 non-members

June 6-July 1 or any 4 weeks \$150 members/\$210 non-members

Swim camps for beginner/intermediate swimmers. Swimmers learn strokes in a “fun” atmosphere. Stroke instruction is taught to the group, then practiced through drills & games. Teacher: Student ratio 1:6. Swimmers will have 45 minutes of instruction & 15 minutes of recreational swim. **SWIMMERS SHOULD BE COMFORTABLE IN THE WATER** (children who have “fear” of water should arrange for private instruction with our swim instructors by calling 997-8433).

\*Early registration is recommended.

### **PRIVATE & GROUP SWIM LESSONS**

#### **PRIVATE LESSONS (1 child)**

\*5      30 minute sessions

\$65 members/\$75 non-members

#### **GROUP LESSONS (2-3 children)**

\*5      45 minute sessions

\$55 members/\$65 non-members

If registering for group lessons, you can create your own group of 2-3 children or we can place your child (children) in an existing class. Make-up lessons to be arranged with instructor. Sorry, no refunds for missed classes.

OFFICIALLY the pool will open June 4<sup>th</sup> & lifeguards will be on duty Monday-Saturday 10 am-8:30 pm, Sunday 4-9.

**PLEASE MAKE SURE YOUR CHILD IS ACCOMPANIED BY A PARENT/GUARDIAN WHEN NO LIFEGUARD IS ON DUTY.**

**TO REGISTER, PLEASE FILL OUT FORM ON NEXT PAGE COMPLETELY THEN SEND IT WITH YOUR CHECK TO:**

Barons Creek Club

P.O. Box 1398

Fredericksburg, TX 78624

Or drop by for a visit



REGISTRATION FORMS may be DOWNLOADED ONLINE @ [www.baronscreekclub.com](http://www.baronscreekclub.com) or for more information call 830-997-8433.